



## Belvedere House B&B - Guide to Activities in and around Ballina

### Belleek Woods

**Belleek Woods** is situated along the banks of the river Moy directly across the water from the Quay village. It is one of the largest urban forests in Europe comprising of 200 acres of woodlands and trees up to 300 years old. It is a peaceful haven of up to 6 miles of natural forest pathways, two of which are along the banks of the **River Moy**.

It is an area of great tranquillity, peace and beauty where relaxation comes easy to the beat of lapping water of the Moy and rustling breezes among the great trees. An ideal place to explore the woodlands, bogs, scenery and the chance of seeing native wild life. Walkers can avail of the recently restored picnic area and relax and enjoy the view.

The Gate Lodge is located at Castle Road, Ballina and was the main entrance to the Estate. It once housed a family whose job was to open the gate at the Castle Road entrance to the Belleek estate. This massive ornate building of cut stone was occupied up until the fifties.

Belleek was originally the name given to Ballina, a seaport on the estuary of the river Moy. Belleek is now a townland. Sir Arther Knox-Gore built Belleek Manor in 1831 at a cost of €12,500. He died in 1873 and was buried in the ground of the dernesne in view of the Manor. This monument, a striking one, of cut stone and standing some 30ft. This monument, a striking one, of cut stone and standing some 30ft. high on the mound surrounded by a moat, was erected over his grave by his son Sir Charles. It is said that Sir Arthur's horses were buried with him. After his death a member of the Becket family of Ballina who refurbished the Manor in the early forties, purchased the property.

It was subsequently sold to Mayo County Council as a woman's sanatorium in the fifties and the Department of Forestry and the Land Commission acquired most of the land. Jersey Island hotelier Marshal Durcan purchased the manor in the late fifties for the sum thought not to exceed €6500 and turned it into a hotel known today as Belleek Castle Hotel.

### Seaweed Baths

**Kilcullen's Seaweed Baths** has been open for business in Enniscrone since 1912 offering hot sea water seaweed and steam health baths. **Kilcullen's Seaweed Baths** are famous the world over for acting as a natural aid to general wellbeing....

Opening hours:

10 am - 9pm (7days); July and August 10 am - 10 pm

## Waterpoint Leisure Centre in Enniscrone

**Waterpoint** is an all-weather Aqua Leisure Centre. It has a fantastic water slide, kiddie's fun pool with interactive features and 4-lane, 16.5m heated swimming pool, a health suite and an activity area which can be made available for conferences and other public and community activities.

A full-featured workout room is also available. A masseuse can also be booked for an all-round experience.

Other facilities include an adult health suite with sauna, steam room and spa pool.

### Opening hours

Mon and Tues 4am - 10pm

Wed pool 4am - 10pm

Gem 10am - 10pm

Thurs and Fri 10am - 10pm

Thurs 11am - 12pm gem- ladies hour

12am - 1pm pool ladies hour

Sat 1am - 8pm

Sun 11am - 8pm

For more information contact:

Tel: +353 (0)96 36999 or Fax +353 (0)96 36988.

## Trek West Tours

**Trek West Tours** specialises in **Guided Walking Holidays** for groups and individuals in the **West of Ireland**. Choose from looped walks, long distance way-marked routes and beautiful forest walks. Whether you are interested in a long trek or a short stroll then **Trek West** has something to suit you and your stamina levels. Our website has ideas for great holiday ideas and maps to guide you on your way.

For more information visit

[www.trekwesttours.ie](http://www.trekwesttours.ie) or call 087 254 0334.

## Golf

Enjoy a vacation that combines the excitement of truly magnificent **golf** with some of the most beautiful and unspoilt scenery in Europe. Come to **Ballina & North Mayo** - marvel at the spontaneous warm welcome in each town, village, pub, and restaurant along Ireland's Atlantic seaboard.

Meet the challenge of two great **championship golf links courses (Enniscrone and Carne)** and one excellent parkland course (**Ballina Golf Course**) while experiencing a culture which is enchanting and unique. Celebrate with people who know how to enjoy themselves and who will ensure that you have the time of your life!

### **Enniscrone Golf Links: Ranked in the top 100 of world links courses**

Overlooking the white sands of Enniscrone Beach, Killala Bay and the untamed Atlantic Ocean, **Enniscrone Golf Links** offers spectacular scenery and a battery of world class interesting and challenging holes. Enniscrone has also hosted the Mens and Ladies Irish Close and the West of Ireland Championship

### **Carne: Voted one of the top 5 Irish Links by Golfworld Ireland in 2002**

**Carne Golf Links** at Belmullet boasts vast dunes, unbelievable scenic views of Blackwood Bay and islands. Overlooking the Atlantic Ocean and white beaches. **Carne Golf Links** combines tranquillity, beauty and excellent golf.

### **Ballina Golf Course: 18 hole parkland**

**Ballina Golf Course** is an inviting 18 Hole parkland course situated on the outskirts of the town. The course is set against the scenic splendour of the Ox Mountains and majestic Nephin Range, making it one of the most scenic parkland courses in the West of Ireland.

### **Belvedere House, Bed & Breakfast - A Home Away From Home.....**

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